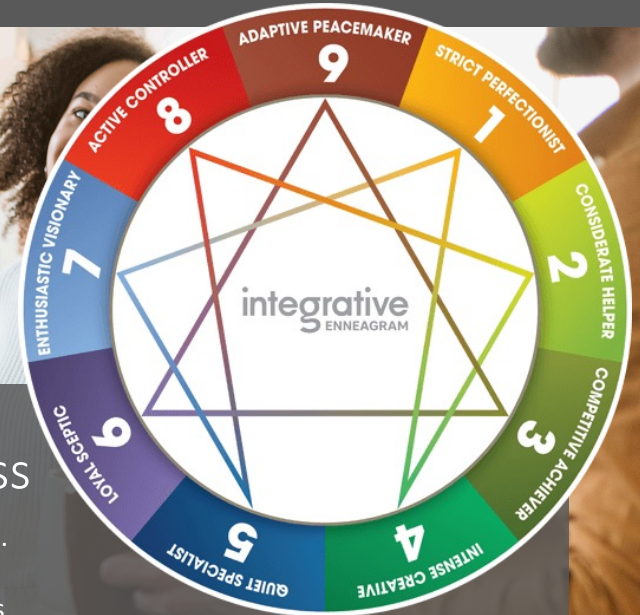


Unlock the potential of individuals and teams in your business

The Enneagram is an **archetypal framework** that offers in-depth insight to individuals, groups and collectives. Consisting of three centres of intelligence, nine main Enneagram types, 18 wings, three subtypes and Triadic styles, the Enneagram offers a **rich map to personal development** from an open systems perspective. It does not box in people, but rather opens a pathway to self-discovery and greater personal awareness.

The Enneagram is, therefore, a sense-making tool or a framework that enables the development of self-knowledge and meta-awareness. Individuals complete the assessment online, and thereafter the practitioner will provide a coaching session to discuss the results. The tool can be used for individuals, teams or even couples.



individuals

Enneagram Assessment (online)
Professional Report
Debrief Coaching (1 - 3 sessions)

teams

Individual Enneagram Assessment (online)
Professional report (per team member)
Debrief Coaching for individuals
Team report
Team debrief session

couples

Enneagram assessment (online) for both individuals
Professional report for both individuals
Separate debrief coaching sessions (two separate coaches)
Couples debrief session



INDIVIDUAL BENEFITS

- Creates meta-awareness at the level of motivation
- Increases consciousness and confidence
- Enables clearing of core emotional issues
- Provides a framework for understanding functional and dysfunctional behaviours that stem from core motivations
- Increases compassion for self and others
- Uncovers pathways to development and integration
- Positions individual patterns and behaviours within current and historical context
- Increases productivity and motivation
- Creates a language and sense-making framework that stretches deeper than a personality trait-based approach
- Builds leadership authenticity, potency and impact



TEAM BENEFITS

- Reduces judgement and criticism of others while building understanding and tolerance
- Provides a framework for making sense of team conflict and challenges
- Enables the team to move beyond a pattern of blaming conflict on “personality differences”
- Repolarises teams while dismantling more traditional “fault lines” in the team
- Improves working relationships and team productivity
- Enhances business procedures
- Improves communication while also developing a new language framework for team dynamics



ORGANISATIONAL BENEFITS

- Decreases behind-the-scenes organizational politics
- Improves change management and decreases fear of change
- Can unleash organizational creativity through greater individual integration
- Improves productivity and performance
- Creates a framework which enables greater project leadership
- Builds organizational integrity
- Enables more impactful corporate communication
- Contributes to development of talent
- Plays a role in enabling culture change

Here is a rough
guideline of what our
Enneagram
intervention could
look like for your
business:

Each individual member receives a link to the Enneagram test (which takes about 30 minutes to complete online).

We spend time with each individual to discuss their results during a personal coaching session with one of our coaches.

We share the Team Enneagram Report to all team members.

We discuss team feedback and team dynamics during a team workshop.



Some citations from previous clients

"I did the Enneagram test with Anneline in 2019. It was an easy process and her facilitation helped me to understand my personality type and grasp how I could harness my strengths and weaknesses. I found the Enneagram itself to be accurate and of immense value in understanding myself a bit better – it is helping me immensely in my career and personal relationships. Highly recommended!"

"Die Enneagram is 'n fantastiese instrument wat prakties help om myself en my spanmaat beter te verstaan. Dit is baie goed vir broers!!!!"

I found it very interesting to learn more in depth about the different aspects of my personality and how to integrate both the better qualities and values with the more negative traits. The coaching session was extremely informative and helpful. I value the recommendations on how to develop and grow certain areas of your personality in order to become a better version of yourself. This also helps me in my day-to-day dealings with other people, both in personal and professional capacity, because it gives you a better understanding on how and why people react differently in certain situations and that again helps me to react in a more productive and positive manner.

"I've been "at war" with myself for a long time, frustrated for not "handling" certain situations as well as someone else, or disappointed in myself for not (in my view) making such "valuable contributions" to or taking the lead as well as someone else in the group. I was tired of trying to be good (the best?) in every area that didn't seem to come naturally. The Enneagram showed me so clearly that because my core motivation in life is harmony and peace (Adaptive Peacemaker), that this "strength" is precisely the value I add to my relationships and interactions with people and that this is the area in which I flow naturally. I am now able to bring it purposefully and freely to the situation and appreciate the fruit it produces, while leaving the visionaries, the helpers, the perfectionists, the sceptics, the creatives and specialists to do their job! I truly feel at peace with myself not trying to be good at absolutely everything, but I'm certainly eager to learn from and appreciate other's strengths, however it be from the side-lines."





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